

# NARCONON VISTA BAY SUCCESS

## Molly W. Vista Bay Student 2007

### *Saving Lives in our Community*

NARCONON STUDENTS  
VERY OFTEN SHARE  
THEIR STORIES SO  
THAT OTHERS LIKE  
THEM CAN WITNESS  
AND EVENTUALLY  
EXPERIENCE THE SAME  
LIFE-CHANGING WINS  
FROM THE INCREDIBLE  
AND EMPOWERING  
NARCONON PROGRAM

THE WORDS TO THE  
RIGHT ARE THE WORDS  
OF ACTUAL STUDENTS  
AND GRADUATES OF  
NARCONON PROGRAM,  
WHO NOT LONG AGO  
FELT HOPELESSLY  
ADDICTED TO DRUGS  
OR ALCOHOL.

If you are losing a loved one  
to drugs or alcohol, please  
call: [1-800-556-8885](tel:1-800-556-8885) and  
find out more about the  
Narconon® Program.



I was a complete mess when I first arrived at Narconon. I had all but destroyed my body, my mind, my family, and my life. I had been a heroin addict for so long that I had come to believe that it was my only option in life. I was sick all the time, I was weak and unhappy and apathetic about my life.

Although I had put my family through hell with my drug use, they had not yet given up on me. My parents gave me an opportunity to start living again by sending me to Narconon. I arrived on January 6, 2007. I came in strung out, with painful abscesses on my arms, not having slept for days, completely emotionally exhausted. I was scared at first, but I was willing to give anything a chance. I didn't know what to expect, but as soon as I met some of the staff and other students I began to feel at ease. I could tell immediately that the staff at Narconon genuinely cares about the students in their program. I had spent so long in isolation that it was hard for me to open up to anyone, but they were really patient and understanding. I felt like they knew where I was coming from and didn't judge me. They demonstrated compassion and caring that gave me hope. I saw a lot of changes in myself throughout my program, some gradual and some breakthroughs. I started sleeping at night and having energy throughout the day, I started eating healthy. I began to open up to people, form friendships, and trust people again. I no longer feel a need to hide from anyone or from my own emotions. I tried to get clean so many times before, but I never felt good. I always felt that I was suffering through my sobriety. Now I have gotten to a point where I truly enjoy life. I am eternally grateful for the second chance that I was given. I am happier than I have been in years.