

Chris R. Vista Bay Student 2005

Saving Lives in our Community

VISTA BAY STUDENTS
VERY OFTEN SHARE
THEIR STORIES SO
THAT OTHERS LIKE
THEM CAN WITNESS
AND EVENTUALLY
EXPERIENCE THE SAME
LIFE-CHANGING WINS
FROM THE INCREDIBLE
AND EMPOWERING
VISTA BAY PROGRAM

THE WORDS TO THE
RIGHT ARE THE WORDS
OF ACTUAL STUDENTS
AND GRADUATES OF
THE VISTA BAY
PROGRAM, WHO NOT
LONG AGO FELT
HOPELESSLY ADDICTED
TO DRUGS OR
ALCOHOL.

If you are losing a loved one
to drugs or alcohol, please
call: [1-800-556-8885](tel:1-800-556-8885) and
find out more about the
Vista Bay Program.

My name is Chris Roberts and I once thought that no one could save me. I'd been in rehabs before such as Salvation Army, Kaiser Permanente, out-patient programs, and even half-way houses. I was a heavy meth user. I thought I could get clean, but with each attempt I fell harder to a bottom that I pray nobody else has to experience. I was homeless and only living for the next hit.

I came close to taking my life many times and still didn't want to get clean.

After several insane days on the streets, I knew I had to go to rehab to save my life, or I would die.

Today I feel I have accomplished that. I have faith now that I never experienced before and I owe a lot to Vista Bay for saving my life. They helped me feel comfortable with luxuries you won't find at other rehabs. The technology they teach you is awesome and interesting. I recommend Vista Bay to anyone.



- Chris R.