

Harry G. Vista Bay Graduate 2004

Saving Lives in our Community

VISTA BAY STUDENTS
VERY OFTEN SHARE
THEIR STORIES SO
THAT OTHERS LIKE
THEM CAN WITNESS
AND EVENTUALLY
EXPERIENCE THE SAME
LIFE-CHANGING WINS
FROM THE INCREDIBLE
AND EMPOWERING
VISTA BAY PROGRAM

THE WORDS TO THE
RIGHT ARE THE WORDS
OF ACTUAL STUDENTS
AND GRADUATES OF
THE VISTA BAY
PROGRAM, WHO NOT
LONG AGO FELT
HOPELESSLY ADDICTED
TO DRUGS OR
ALCOHOL.

If you are losing a loved one
to drugs or alcohol, please
call: [1-800-556-8885](tel:1-800-556-8885) and
find out more about the
Vista Bay Program.



Written on February 3, 2004 “I’m an 18 year old male that has been in the Vista Bay program for a few months now.

When I was 13 years old, I started drinking and smoking pot. After a while it wasn’t enough for me, so I started doing coke and crack. By the time I was 15 years old, I was using these drugs heavily. I was doing just about every drug there is and I couldn’t stop. I began to

rob my family, friends, and neighbors to support my habit. About 4 months, I got arrested for forgery, breaking and entering, and theft. I was released to my parents, but I needed serious help for my drug problem. I then came to Vista Bay thinking there was no hope for myself. I started to take in everything I was learning and came to realize I truly am a great person that doesn’t need drugs to live. I am fully confident that I will stay drug-free for the rest of my life. I would like to thank Vista Bay for giving me a new outlook on life. The program is a lifesaver and anyone with a problem like me should definitely experience this.”

- Harry G.